



CounterTerrorism Institute of America

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Wilderness Survival Gear List

Fixed blade knife- 3 to 5 inches

Flintrod (StrikeForce Fire Starter recommended)

Knife sharpener (Lansky's Quick Fix recommended)

Multi-tool

Sleeping bag

Poncho with grommets or tie downs

200' of cordage (Paracord or tarred bankline # 18 or higher)

Metalteel cup or canteen cup

Water purification-Water filter, water purification tablets,

Led flashlight with extra batteries- headlamp is best

Small fishing kit- hooks, sinkers, swivels, & 100' of line

Galvanized Steel Wire Solid 19 Gauge 50'

Your survival kit

Bandana

Leather gloves

1 heavy duty contractor garbage bag

2 clear plastic bags

1 6'x6' sheet of plastic

Dehydrated food or MREs for at least two days

Canteen or Nalgene water bottle full of water

Personal medical kit with tweezers

Emergency whistle

Hat with brim

Stocking cap or balaclava

Shirt, lightweight cotton long-sleeve button down

Sweater,

Medium-weight Jacket,

Medium-weight Long john top (No cotton)

Long john bottom (No cotton)

Pair trousers,

Sturdy Belt, adjustable

Pair liner socks Pair socks, wool

Pair hiking shoes /boots

Back Pack to carry everything

Optional Items: Compass, orienteering style

Pair sandals

Lip Balm

Sunscreen

Bug cloth or insect repellent

Comb or brush

Dental floss

Pair eyeglasses (Please, no contacts)

Pair sunglasses

Camera

Pencil

Notebook or journal

Sewing kit,

small Ziplock baggies, quart (For camera and lotions)